

Kid's Ranking System

<p>BEGINNER I (<i>Red Sash/ No Fringe</i>)</p> <ol style="list-style-type: none"> 1. Basic Stances 2. Basic Punches & Kicks 3. Basic Blocks 	<p>INTERMEDIATE II (<i>Green Fringe</i>)</p> <p>Chau Sot Staff or Junior Plum Blossom Staff</p>
<p>BEGINNER II (<i>White Fringe</i>)</p> <p><i>Form 1 - Junior Arrow Fist Form</i></p>	<p>INTERMEDIATE III (<i>Blue Fringe</i>)</p> <ol style="list-style-type: none"> 1. Kong Chow Sui Sup Ji 2. Wall Bag Set
<p>BEGINNER III (<i>Yellow Fringe</i>)</p> <p><i>Form 2 - Junior Leopard Fist Form</i></p>	<p>ADVANCED I (<i>Purple Fringe</i>)</p> <ol style="list-style-type: none"> 1. 2 Person Staff 2. Siu Moi Fa Kuen 3. Golden Leopard
<p>INTERMEDIATE I (<i>Orange Fringe</i>)</p> <p><i>5 Wheel Fist</i></p>	<p>ADVANCED II (<i>Red Fringe/Black Sash</i>)</p> <ol style="list-style-type: none"> 1. 5 Wheel Horse 2. 9 Star Blocking Hands 3. Cheong Kuen (<i>Long Fist</i>)