

Plum Blossom International Federation
梅花蔡李佛太極國際聯盟總會
Tai Chi Chuan Ranking System

BEGINNER I (*Blue Sash / No Fringe*)

1. Walking; Cloud Hands
2. Brush Knee; Horse's Mane
3. 8 Brocade Exercises

BEGINNER II (*White Fringe*)

1. 8 Step Form to the Horse Mane
2. 8 Step Form to The Kicks
3. 8 Step Form (Complete)

BEGINNER III (*Yellow Fringe*)

1. Single Push Hands
2. Double Push Hand Pattern
3. 16 Step Form

INTERMEDIATE I (*Orange Fringe*)

1. Moving Step Push Hands
2. 24 Form to Single whip
3. 24 Form Complete

INTERMEDIATE II (*Green Fringe*)

1. Free Style Push Hands
2. Plum Blossom Fan
3. Small Plum Blossom Straight Sword

INTERMEDIATE III (*Blue Fringe*)

1. Da Lu Push Hands
2. 40 Form
3. 32 Tai Chi Sword Form

ADVANCED I (*Purple Fringe*)

1. 108 Form to 1st Cross Hands
2. 108 Form to 2nd Cross Hands
3. 108 Form Complete

ADVANCED II (*Red Fringe*)

1. 48 Form to Punch Downwards
2. 48 Form Complete
3. Tai Chi Saber Form

ADVANCED III (*Brown Fringe*)

1. Two Man Sabre, Long Tai Chi Sword Form
2. 1st Stripe: Wind Chasing Fan; 2 Man Hand Form
3. 2nd Stripe: Lohan Chi-Kung; Cane Form
4. 3rd Stripe: Yuen-Chou Sword; Taming Dragon Staff
5. 4th Stripe: PB Flute Form, Small PB Double Do
6. 5th Stripe: Tai Chi Spear; Yin-Yang Double Jian

SENIOR (*Black Fringe*)

1. Five Elements Flute; PB Double End Staff
 2. The Yang Fajing Form
 3. 1st Stripe: Sun and Moon Twin Wheels, Five Elements Broadsword
 4. 2nd Stripe: Dragon and Tiger Double Stick; PB Double Jian
 5. 3rd Stripe: Dragon and Phoenix Twin Wheels, Small Circle Fast Form
 6. 4th Stripe: Yin-Yang Five Elements Palm
 7. 5th Stripe: Tai Chi Chang Chuan Form
- *Additional Forms with Grandmaster Doc-Fai Wong